

THE CRAND OCT 8 1976 CANDO STAND

VOLUME 2, NO. 3

GOVERNOR'S COMMITTEE FOR SERVICES
TO THE HANDICAPPED

SEPTEMBER, 1976

GOVERNOR'S CONFERENCE ON HANDICAPPED INDIVIDUALS

Governor Milton J. Shapp, in preparation for the White House conference on Handicapped Individuals to be held May 24-29, 1977, has called for a major conference on handicapped individuals to develop a report and to create public awareness on how the concerns of Pennsylvania's physically and mentally handicapped citizens can be met.

The Governor's Conference on Handicapped Individuals, which is the forerunner of the White House Conference on Handicapped Individuals will be structured in such a manner as to enable each handicapped individual (or guardian/parent of such persons) to present his/her concerns and needs and to suggest possible solutions. In order to provide this type of opportunity, the state has been divided into eight (8) regions.

Orientation meetings have been held for those persons who have consented to assist in the planning of these vital Regional Forums. Each Regional Planning Committee will determine the time, place, format and publicity for that region's forum. Each Planning Committee will also provide opportunities for input from those handicapped individuals who are unable to attend a public meeting.

The Co-Directors Mr. and Mrs. Carl Odhner recently said, "The Governor's and White House Conferences are at last providing a real opportunity for the voice of the people to be heard. We hope that one of these voices will be yours."

The Odhners continued to say, "In order that the maximum number of persons can be heard and can contribute their ideas, a series of regional forums will be held throughout Pennsylvania in September.

You can help by:

1. Becoming involved in the planning and development of the forum in your

area, or the areas in which you have chapters or branches.

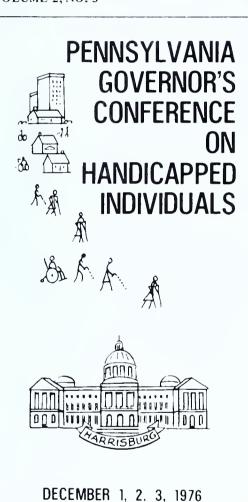
- 2. Assist in any way you can to assure that the maximum number of handicapped persons can attend regional forums. Many may require transportation assistance or personal help.
- 3. If possible, provide financial assistance so that persons selected as delegates to the State Conference might attend. Fifty percent of the delegates are to be handicapped individuals and many will need financial aid.
- 4. Develop and send a copy of your organization's needs, concerns, and proposals to meet those concerns before August 1. These should be sent to Joyce A. Engroff, Coordinator, Room 504 State Street Building, Harrisburg, Pennsylvania 17101.
- 5. Publish notices about the Conference in your newsletter. We will send you press releases upon request.
- 6. Any other way you feel you can help. Let us know!

Co-Chairpersons for the State Conference Planning Committee are Mr. and Mrs. Carl Odhner, Good Shepherd Workshop, 820 South 5th Street, Allentown, Pa. 18103 (215) 433-3273.

There has been a change in contact persons for Region IV. The new contact person is Glen H. Dunklebarger, Easter Seal Society of Center, Clinton Counties, 1300 S. Allen Street, State College, Pennsylvania 16801 — Telephone: (814) 238-4434 or 238-1304.

FOURTEEN REGIONAL FORUMS

Fourteen (14) Regional Forums are being held in the eight (8) regions of the state of Pennsylvania during September as a prelude to the Pennsylvania Governor's Conference on Handicapped Individuals



WHITE HOUSE CONFERENCE

MAY 25 - 29, 1977

which will be held December 1, 2 and 3, 1976 at the Hershey Convention Center.

What Are Regional Forums? Who May Attend?

As a prelude to the Pennsylvania Governor's Conference on Handicapped Invididuals a series of Regional Forums will be held.

These Forums will be structured in such a manner as to enable handicapped consumers, parents/guardians of handicapped persons, agencies, providers of services and citizens interested in the handicapped to have maximum input into the considerations at the Governor's Conference on Handicapped Individuals.

These persons will have the opportunity to present the concerns/needs/problems, etc. of the handicapped which are unique to each region.

What Are The Topic Areas?

Health Concerns **Economic Concerns Educational Concerns** Special Concerns Social Concerns

What Region Am I In? Whom Do I **Contact For More Information?**

The Regions are set up by counties (See the list in the July issue of THE GRAND STAND). A name, address, and phone number is given for a contact person for each of the regions.

Where Will My Regional Forum Be Held?

A complete listing of all Regional Forums dates, places and times is included. Locate yours and become involved!

RECIONAL FORLIMS

REGIONAL FORUMS	
DATE OF FORUM	PLACE & TIME FOR FORUM
Region I	
To Be Announced	Contact Regional Chairperson
Region II	Lehigh County
September 11	Community College Schnecksville, Pennsylvania
	9:00 a.m 4:30 p.m.
Region III	Elizabethtown Hospital
September 15	for Children & Youth Elizabethtown, Pennsylvania
	8:30 a.m. – Registration 10:00 a.m. – Forum
Region IV	
September 16 and/or September 17	Bloomsburg State

College and/or

Susquehanna Univ.

Region V	
September 16	Bell Telephone Building Stanwyx Street Pittsburgh Pennsylvania
Allegheny County	1:00 p.m. – 5:00 p.m. 7:00 p.m. – 9:00 p.m.
September 17	Slippery Rock College Slippery Rock, Pa.
Beaver, Lawrence & Butler Counties	10:00 a.m. – 4:00 p.m.
September 20	Community Center 4th & 10th Streets
Indiana, Armstrong & Westmoreland Counties	Appolo, Pennsylvania
	10:00 a.m. − 4:00 p.m.
September 21	Jablonski Clinic Centerville, Pennsylvania
Washington, Fayette & Greene Counties	10:00 a.m. – 4:00 p.m.
Region VI	
September 24	Edinboro State College Edinboro, Pennsylvania
	10:00 a.m. – 9:00 p.m.
and September 25	Edinboro State College Edinboro, Pennsylvania
	10:00 a.m 4:00 p.m.
Region VII	
August 6	Altoona Area High School Altoona, Pennsylvania
	10:00 a.m. – 3:30 p.m.
September 11	Johnstown Pennsylvania
Region VIII	
September 18	Tunkhannock High School Tunkhannock Pennsylvania

8:00 a.m. - 6:00 p.m.

For additional information you may Governor's Conference on contact: Handicapped Individuals, 500 State Street Building, Harrisburg, PA 17120 (717) 783-8283

Who May Attend The Governor's Conference On Handicapped Individuals

For a person to become one of the 300 delegates to this conference, it would be necessary for him/her to have first been in attendance at one of the Regional Forums. Every person attending the Regional Forums will have an opportunity to nominate, or to be nominated, as a delegate to the conference at Hershey. Special packets of information and instructions will be available at each of the Forums. The 300 delegates will be comprised of the following:

50% will be handicapped consumers 25% will be parent/guardians of handicapped consumers

25% will be others interested in the handicapped such as, professionals, agencies, providers of services.

The delegates at this Governor's Conference will be charged with the responsibility to study the issues and concerns raised at the Regional Forums and to determine workable solutions for these needs at the state level.

The report of the results of the Governor's Conference will be sent to the White House Conference on Handicapped Individuals. The delegates to that conference will assist in determining the needs and concerns, common to all Americans, which can best be met at the national level.

What Is The White House Conference On Handicapped Individuals

Excerpts from a Statement by President Gerald R. Ford, November 22,

"In response to the many problems confronting landicapped Americans and in accordance with Public Law 93-516, I am calling a White House Conference on Handicapped Individuals....It is appropriate that in the Bicentennial Year the Federal Government focus attention on the needs of our handicapped citizens. Action to alleviate these needs will be a major purpose of the Conference.'

The mission of the White House Conference is to:

- 1. Stimulate a national assessment of problems faced by individuals with physical or mental handicaps.
- 2. Generate a national awareness of those problems.
- 3. Develop recommendations for legislative and administrative actions to allow individuals with handicaps to live their lives independently, with dignity, and with integration into community

When Will The White House Conference Be Held?

The White House Conference on Handicapped Individuals will be held in Washington, D.C. May 25-29, 1977.

Who Will Attend From Pennsylvania?

Pennsylvania has been alloted 16 delegates to this conference. Our state co-directors will be 2 of these delegates as set forth by White House Regulations.

To be elegible to be nominated as delegate to the White House Conference, a person must first have been a delegate or served in an official capacity at the Governor's Conference. The same criteria will be used to balance the delegation to the White House Conference as is used for the Governor's Conference.



MISS WHEELCHAIR
PENNSYLVANIA 1977
The Easter Seal Society of Armstrong
County

Mrs. Geraldine Mangus, Pennsylvania Coordinator for the "Miss Wheelchair America" Pageant, has announced that Miss Jennie Lee Morgan, of Ford City, has been selected as "Miss Wheelchair Pennsylvania 1977". Her reign will be from June 1976 to June 1977 and she will compete nationally in the "Miss Wheelchair America" Pageant to be held in Columbus, Ohio, in September.

Stressing personal achievement, personality, intelligence, and the capability of the physically handicapped to compete with their able-bodied peers, the purpose of the Pageant is to acquaint the general public with the productivity, dignity, attractiveness, and the basic value of disabled people whose only limitations are those of mobility. "I believe Jennie exemplifies all the qualities on which the contestants are judged," said Mrs. Mangus, "And we are hopeful that we can bring Pennsylvania the honor of another winner as we have the past two years."

Christine Valasek, "Miss Wheelchair Pennsylvania 1976", was chosen "Miss Achievement" at the national pageant while Judi Mangus, "Miss Wheelchair Pennsylvania 1976" was selected "Miss Congeniality" by the other contestants.

Miss Morgan, who suffered a disabling birth injury, is a graduate of Ford City High School. She is the Executive Director of the Easter Seal Society in Armstrong County. She is a member of Ford Memorial United Methodist Church and was the Church Secretary and Financial Secretary for several years. She is a former Sunday School teacher and past president of the United Methodist Women of her church.

Jennie is a member and past president of Kittanning Business and Professional Women's Club, member of the Pennsylvania Easter Seal Executives' Association as well as the National Easter Seal Executives' Association. She serves as chairperson of the Armstrong County Headstart Advisory Board and is a member of the Pennsylvania Department of Health Nurses Advisory Board.

A daughter of Mr. and Mrs. Delmar Morgan, of Center Avenue, with whom she resides, Miss Morgan says that as "Miss Wheelchair Pennsylvania 1977" her energies will be spent in two directions. First to establish a "Miss Wheelchair Pennsylvania" Pageant for next year, and secondly, she hopes in her role as "Miss Pennsylvania" to add her voice to the growing concern for legislation to make possible adequate housing for the handicapped and for the elimination of architectural barriers.

CAMPING FOR THE HANDICAPPED

by William E. Graffius Executive Director The Easter Seal Society for Crippled Children and Adults of Pennsylvania

A unique type of camping is conducted by the Easter Seal Society for Crippled Children and Adults of Pennsylvania. It is a program exclusively for handicapped youngsters and adults between the ages of eight and 88 years. Four camps throughout the state are operated by the Easter Seal Society during the summer months, staffed by trained counselors and experienced directors.

What can an Easter Seal camp offer a child in long leg braces and hard steel quad canes or an adult confined to a wheelchair? To many of the disabled, summertime allows a respite from the rigors of concentrated therapy. But the camp situation offers a more subtle and sometimes more helpful type of therapy. It is therapy for the mind and body. The long walks where the camper says, "Yes, I can do it." The relaxing time for the mind and the hours spent with friends are a therapy that can be achieved no where else.

From its beginning in 1941, with one camp, the camping program of the Pennsylvania Easter Seal Society has grown to four camps: Camp Daddy Allen, Hickory Run State Park, White Haven; Camp Easter Seal, Laurel Hill State Park, Somerset; Camp Harmony Hall, Middletown and Camp Lend-A-Hand, Conneaut Lake, which hosted 1,065 disabled men, women and children last summer.

For the young, a camping experience helps them to get along with one another and to recognize that others, too, have handicaps. They can enter into games where there is competition which can prepare them for the struggle of later life. Being with others, whether they are the handicapped campers or the counselors, helps the young camper adjust to living, playing and working with others...and to develop a social adjustment.

The camping program of the Pennsylvania Easter Seal Society gives

some of the adult campers who have been living for sometime in institutions a new look at themselves and community living.

Camping is great for the disabled, whether they are youngsters whose world is turtles, frogs and baseball games or adults whose enjoyment is relaxing, meeting new people and talking over concerns with friends. But these days and weeks away from home also gives the parents a vacation and respite from caring for their disabled family members. For no matter how deep the love, a time apart renews vigor and appreciativeness for one another.

Easter Seal camping has served thousands of disabled and their families throughout the 36 years and each year the program increases in scope and population.



SNYDER ACTING DIRECTOR

The Governor's Office for Human Resources announces its appointment of John H. Snyder, Governor's Advocate for the Physically Handicapped as Acting Director. Mr. Snyder will be replacing Mr. Francis X. Coyle, who has served as Director of the Governor's Office for Human Resources since September of 1972. Mr. Coyle left state government August 6, 1976 to become Executive Director of the Easter Seal Society for Crippled Children and Adults of Philadelphia, Bucks, Chester, Delaware and Montgomery Counties.

During the time that Mr. Snyder will serve as Acting Director of the Office for Human Resources, he will continue to serve the handicapped citizens of the Commonwealth. Mr. Snyder stated that he will not permit the duties and responsibilities accompanying his dual role to hinder in any way his efforts to gain greater independence for all handicapped individuals by destroying existing prejudices, architectural and attitudinal barriers and to work diligently toward "mainstreaming" the handicapped into a fully functional life style, limited only by the potential of each individual concerned.



Miss Wheelchair Pennsylvania 1976 Miss Achievement 1976 Christine Valasek, a 27 year old Ford City, Pa. girl wins the Personal Achievement Award at the Miss Wheelchair America Pageant held in Columbus, Ohio. Chris went to the pageant with sponsorship made possible by Easter Seal of Armstrong County.

WHAT IS OCCUPATIONAL THERAPY?

Michael D. Goodling, O.T.R. Polyclinic Hospital Harrisburg, Pennsylvania 17105

Contrary to most people's beliefs, occupational therapy (O.T.) doesn't usually involve getting individual's jobs or keeping them busy by teaching them new and interesting crafts. O.T. is a health profession which contributes to the physical and emotional independence and well-being of an individual through the use of exercise or selected activity. O.T. helps promote health through a program of purposeful activity that requires physical and mental involvement of the individual being treated. This combination of physical and mental involvement or "occupation" of the individual in a treatment gives O.T. its name.

As a member of the treatment team, the occupational therapist works in conjunction with other professionals to plan a therapeutic activity program with goals to: 1) promote and maintain health, 2) evaluate behavior, 3) treat physical or emotional disability, and 4) prevent further disability.

O.T. plays an important role in helping individuals with physical or emotional problems achieve self-sufficiency by maintaining their strength, regaining motion by re-training parts of the body unaffected by illness or injury to take over while injured parts are healing, and finally by helping individuals with psycho-social problems gain functional independence and carry out activities of

daily living (A.D.L.) at home, on the job, and in the community. A.D.L. (eating, dressing, bathing, hygiene, grooming, communication and mobility) techniques may be simplified by the occupational therapist for each individual through adaptive equipment or modified approaches to basic tasks.

Occupational therapists work under a physician's referral and can be found working in the community in the following places: 1) general and special hospitals, 2) psychiatric clinics, 3) rehabilitation centers, 4) military hospitals, 5) community health centers, 6) nursing homes, 7) school systems, 8) home care programs, 9) sheltered workshops, and 10) colleges and universities. Therapists at these places use many techniques to help individuals back to their fullest functional capacity. Each individual's program is based on his abilities, interests, education, and vocational background. The approach of O.T. in individual treatment includes the three following steps: 1) evaluation, 2) program planning and implementation, and 3) re-evaluation and follow-up.

O.T. can benefit individuals of all ages with a variety of injuries, illnesses, or disabilities. A few examples might be: 1) pediatrics -- In this area children with disabilities are helped to find activities that encourage normal growth and development. Children with birth defects or mental retardation are helped to reach their maximum functional level and become productive members of society. 2) Neurologically handicapped individuals suffering from cerebral palsy, multiple sclerosis, epilepsy, and other nervous system disorders learn to overcome special problems such as incoordination, communication, physical weakness, and perceptual deficits. 3) Physically handicapped adults develop and maintain remaining physical resources and are re-trained in a way necessary for as normal a life as possible. A.D.L., homemaking, and vocational skills are also emphasized. 4) Emotionally and mentally disturbed individuals are aided in developing better relationship with others, gaining self-confidence, and expressing themselves constructively. 5) Senior citizens find that geriatric O.T. helps them adjust to the special problems of aging while maintaining maximal physical function. Developing new interests, making new friends, and staying mentally alert are also major goals in geriatrics.

O.T. is certainly not a "cure-all" therapeutic medium for all illness, injury or disability. But, under the direction of a physician and in conjunction with other physical medicine and rehabilitation disciplines, O.T. can help develop individual's potentials so they have the opportunity to again become functioning and contributing members of our community.

SECTION 504. **REHABILITATION ACT OF 1973**

Julian U. Stein Information & Research Utilization Center (IRUC) 1201 Sixteenth Street, NW Washington, D.C. 20036 (202) 833-5547

Proposed rules and regulations for Section 504 of the Rehabilitation Act of 1973 have been recently published in the Federal Register, May 17, 1976. This is a nondiscrimination act affecting individuals with various handicapping conditions in the same ways previous legislation has barred discrimination on

ethnic or sex bases.

Specifically Section 504 prohibits discrimination against and denial of benefits to handicapped persons in any program or activity receiving federal financial assistance. Several court cases have already been settled in favor of plaintiffs who brought suit on the basis of violations of Section 504. Both the Rehabilitation Act and these court cases have direct and indirect implications for and application to physical education and sport programs from elementary school through college/university levels.

Various issues are posed in areas that Office of Civil Rights personnel who are framing these rules and regulations want input, suggestions, and reactions. It is important that those in the field who will be affected most directly by this legislation in education, physical education, recreation, and sport programs respond to this request. Colleagues and associates should be made aware of Section 504 and their responsibilities in responding also. Copies of the May 17 edition of the Federal Register can be obtained directly from the Office of Civil Rights, 330 Independence Avenue, Room 5410, Washington, D.C. 20201.

Time is important so get your comments and reactions into the Office of Civil Rights as soon as possible. Let us know how we can be of further assistance in this and any other areas related to physical education, recreation, sports, and related activities for special populations.

UNDERSTANDING AND INTER-VIEWING THE HANDICAPPED JOB APPLICANT

Pennsylvania Rehabilitation Center Johnston, Pa.

A three day seminar for Personnel Office Interviewers will be conducted at the Pennsylvania Rehabilitation Center in Johnstown, Pennsylvania.

OBJECTIVES: Upon completion of

this seminar the participant will:

• Have an awareness of the Pennsylvania resources available to employers and handicapped employees which can aid in job placement and retention.

- Be knowledgeable about the vocational capabilities and assets attainable by persons having severe impairments such as: blindness, communicative disorders, musculo-skeletel disabilities, mental retardation, mental illness and other severe impairments.
- Be able to structure the opening segment of an interview situation to facilitate rapport and communication with a handicapped individual.

• Be more comfortable in situations involving handicapped persons.

This seminar is presented by the Pennsylvania Bureau of Vocational Rehabilitation for Pennsylvania employers at no charge, and is funded by a joint grant from the Federal-State Governments.

A registration fee of \$10.00 per participant is required. All other room, board and travel costs will be assumed by each individual.

Three day sessions will be held from July 1976 through June 1977. Further Information: Contact

Don Kuhns, Project Director

Room 1316, Labor & Industry Building

Harrisburg, Pa. 17120 Telephone: (717) 787-6523

NEWS BRIEFS****

EQUAL ACCESS TO TRANSPORTATION

The Public Interest Law Center of Philadelphia has compiled a handbook analyzing the law with regard to equal access to public transportation for the disabled and the elderly. It deals also with strategies for implementing the right to equal access, including advocacy, litigation, legislation and administrative rule making. The handbook, entitled "Equal Access to Public Transportation," has been published by, and copies are available from, the President's Committee on Employment of the Handicapped, Washington, D.C. 20210.

BEEP BASEBALL GROUP FORMED

Another organization dedicated to competitive sports for a special population has recently been formally announced. The National Beep Baseball Association provides competitive opportunities for visually impaired persons in beep baseball. In addition to approving official rules for the game a national tournament is planned for Minneapolis in early September. Beep baseball is one activity that includes



SWIMMING? IT'S WONDERFUL, BUT IF YOU HAVE EPILEPSY...

DON'T ever swim alone, or in areas far from help.

ASK your doctor about swimming and you, and follow his advice.

TELL school authorities, lifeguards, swimming teachers, camp counselors if you have epilepsy and want to swim. It's not fair to them if you don't; it could be fatal to you.

DON'T SWIM if you have forgotten to take your medication recently; take your medicine with you.

DON'T let yourself get chilled or physically exhausted.

If you have seizures often, swim only with a buddy who knows about your condition; wear a bright colored swim cap for quick visibility.

CONSIDER that seizures and swimming do pose a hazard, and you should perhaps wait until you have better control.

IF a child who has seizures is playing on the beach, near a pool, or on a boat, let him wear a lightweight life jacket, or a small plastic foam flotation device.

opportunities for sighted individuals to play along side their non-sighted teammates. Additional information about this fast growing and exciting sport can be obtained from John Ross c/o Braille Sports Foundation, 4100 Vernon Avenue South, Minneapolis, Minnesota 35416.

GET FREE P.E., SPORTS EQUIPMENT

General Foods Corporation has announced that details about a nationwide program to provide schools with free physical education and recreational playground equipment will be available in September. Equipment can provide enjoyment for elementary school youngsters from kindergarten through the eighth grade...it can help expand present programs at no cost...it can aid in replacing worn out and broken equipment. This program is based on the goal of fun 'N fitness through good nutrition and regular exercise—the right of every school age youngster. Contact Dick Keller, W 2-3, General Food Corporation, 250 North Street, White Plains, New York 10625, for additional information about this program.

ELEVATOR ACCESS

Elevator control panels equipped with braille guides are increasingly being used in public buildings throughout the United States to give blind persons ready access to operational and emergency buttons.

Presently there are over 100 such elevators in the country. Some state office buildings are now requiring their installation. In addition to braille guides, some elevators have raised Arabic numerals to aid non-braille readers and partially sighted people.

The U.S.S.R. has a novel way of dealing with the daily living and employment problems of its blind citizens. They have organized a National Society of Inventors and Rationalizers to sort out mechanical and sensory problems as they occur. This organization receives no financial reward for its endeavors, but a national award for "socialist"

emulation."

BUS PURCHASES BLOCKED

A Federal judge in Milwaukee, acting in response to a plea from 2000 handicapped persons, issued a temporary injunction preventing the county from purchasing 100 new buses with federal funds. The suit had asked that the county be prohibited from buying the buses until it has taken steps to provide service to persons in wheelchairs. The order will be in effect until a class action suit is heard and decided sometime this spring.

BLIND TEACHER MUST BE GIVEN CLASSROOM TEACHING POSITION

Linda Kay Garshwiler is a 23-year old certified secondary education teacher who is also legally blind. In a suit filed in December 1975 Ms. Garshwiler alleged that defendants unlawfully refused to interview her for an English and journalism teaching position and subsequently to employ her as a teacher because of her blindness. The plaintiff alleged that failure to interview and hire her resulted from an irrebuttable persumption that blind persons could not be competent as teachers of English and journalism, and, therefore, was a violation of due process of law. She further argued that the defendant's actions denied her equal protection since their refusal to interview and hire was allegedly based on her blindness. Finally, she claimed that this discrimination was a violation of Section 504 of the 1973 Rehabilitation Act which prohibits discrimination because of a handicap by programs receiving federal financial assistance.

Subsequent negotiations between the parties led to a settlement with the following provisions: (1) Ms. Garshwiler was hired for the position sought, (2) she received compensation for lost wages, and (3) she will be treated normally for

purposes of teacher tenure.

NEW PUBLICATIONS

NEW 'LIVING' GUIDES AVAILABLE FROM UCPA

Two new guides for community services for the disabled-one designed to stimulate independent living arrangements for the handicapped and the other to promote the establishment of home service programs-have been published by UCPA.

"No Place Like Home," is a 112-page manual outlining several types of living arrangements such as group homes and adapted apartments, which foster the independence of teenagers and adults

with cerebral palsy.

"Help at the Door," a 72-page home service manual, is designed to guide community agencies working with the disabled on how to initiate programs to provide professional assistance to the homebound disabled and their families.

Both are addressed to state and local UCP affiliates but are helpful guides for any community service organization

working with the disabled.

Each details the philosophy behind the particular service and offers practical suggestions on costs and funding, administration, case finding and referral, personnel and facilities. Case histories in the words of disabled persons themselves and their family members describe how they benefit from the services. Actual experiences are quoted from extensive interviews with agency personnel who are now operating successful independent living and home service programs.

Both manuals were written by Irving R. Dickman and are part of a "Patterns for Professional Services Program" series of the UCPA Professional Services

Program Department.

"No Place Like Home" is available at \$2.25 a copy; "Help at the Door" at \$2.00 a copy, from the National office.

HUMAN SEXUALITY OUTLINE NOW READY

An outline of resource materials, which should prove helpful to UCP affiliates in conducting human sexuality programs, is now available from UCPA, Inc. Each affiliate may request one free

copy from the National office.

The outline, entitled Sexuality," emphasizes the physical and sociopsychological aspects of sexuality and disability. The topics around which the resource materials are organized are especially valuable to professionals who provide guidance to handicapped individuals.

A cooperative effort of the UCPA Professional Services, Medical and Youth Activities departments, the articles and pamphlets listed in the annotated blibliography have been reviewed as to content, but not evaluated from a critical perspective.

Three new films are worthy of note. The Canadian Broadcasting Corporation has released a film which is one show from their "Man Alive" series. The film is titled I'm Not What You See, and its an interview with Sondra Diamond, a Counseling Psychologist who has cerebral palsy. Ms. Diamond speaks as articulately and insightfully on what it means to be human as anyone we have seen. If you don't have the opportunity to meet her in person, see this film. It is available from CBC, 34th Floor, 245 Park Ave., New York, NY 10017.

John A. Nesbitt and Gordon K. Howard. editors. Program Development in Recreation Service for the Deaf-Blind. Iowa City, Iowa: University of Iowa (Recreation Education Program), 1974.

This comprehensive 443-page report is based on presentations, working papers, and proceedings of a National Institute on Program Development and Training in Recreation for Deaf-Blind Children, Youth, and Adults. Major sections deal with the following aspects of programing for deaf-blind persons: (1) current status of recreation services, (2) evaluation of student development, program and service effectiveness, (3) advocacy for recreation services, (4) recreation programs, (5) administration of recreation services, (6) coordinating the development of recreation services, (7) purchase of recreation services, (8) research in recreation, (9) curricula in leisure and physical education, (10) recreation's contribution to rehabilitation and education, (11) recreation facilities, areas, equipment, and materials, and (12) special problems and issues in recreation. Additional sections deal with aquatics and swimming; arts and crafts; camping outdoor recreation/education; mental, literacy, and hobby activities; play and non-standard recreation; rhythm, music, and dance; sports; physical activities; leisure and social recreation. Information listings, resource data, and other source materials add to the thoroughness of treatment and contents of this volume.

Jim McAvaddy. An Adaptive Program for Intramurals: Edison, New Jersey: Middlesex County College, 1972.

This paper is based on a presentation by the author at the annual conference of the National Intramural Association in April 1972. Need and rationale for including impaired, disabled, and handicapped students in intramural programs and activities are developed. A brief history of attitudes of people toward impaired and disabled persons is presented. Growth and progress in sports, physical education, recreation, and aquatics programs and activities for special populations provide concrete examples of what can be done and accomplished in these areas. Specific considerations are presented as bases for guidelines in developing comprehensive intramural programs that involve all students, including impaired, disabled, and handicapped students. A companion paper (Facility Consideration for <u>Handicapped Intramural Participants</u>) was presented by the author at the March 1973 conference of the National Intramural Association.

Bibliography on Handicapped Children. Houston, Texas: American Corrective Therapy Association (4910 Bayou Vista),

Bibliography of 58 articles dealing with various aspects of physical and recreational activities for impaired, disabled and handicapped persons; all articles have appeared in <u>Journal of the American Corrective Therapy Association</u> and its predecessor, the <u>Journal of the Association for Physical and Mental Rehabilitation since 1950.</u>

Selected Bibliography Supplement. Houston, Texas: American Corrective Therapy Association (4910 Bayou Vista), n.d.

Bibliography of 84 articles dealing with various aspects of physical, recreational, and rehabilitation activities for impaired, disabled and handicapped persons. All articles appearing in the Journal of the Association for Physical and Mental Rehabilitation and the Journal of the American Corrective Therapy Association from 1965 through 1969 are listed.

<u>Hydrogymnastics.</u> Houston, Texas: American Corrective Therapy Association (4910 Bayou Vista) n.d.

Bibliography of 21 articles dealing with various aspects of water and aquatic activities used for instructional, recreational, fitness, therapeutic and rehabilitative purposes; all articles have appeared in Journal of the American Corrective Therapy Association and its predecessor, The Journal of the Association for Physical and Mental Rehabilitation since 1950.

MORE REGIONS SET DATES FOR REGIONAL FORUMS FOR GOVERNOR'S CONFERENCE ON HANDICAPPED INDIVIDUALS

Region f

September 11

Civic Center Philadelphia For Bucks, Chester Delaware, Montgomery and Philadelphia Counties

8:30-4:30 p.m.

Region IV

September 16

State College Conference Center University Park, PA. For Centre, Clinton Counties

10:00 a.m. - 3:00 p.m.

September 16

St. John's United Methodist Church Williamsport, PA. For Lycoming County

9:30 a.m. - 2:30 p.m.

Region VI

September 10

Holiday Inn Brookville, PA. For Clarion, Clearfield, Jefferson, Forest Counties

1:00-4:00 p.m. 6:00-9:00 p.m. September 11

Holiday Inn Brookville, PA. Same as for September 10

10:00 a.m. - 12:00 noon 1:30 p.m. - 3:00 p.m.

September 24

Edinboro State College Edinboro, PA For Venango, Warren, Mercer, Frie, Crawford, Cameron, Elk, McKean & Potter Counties 10:00 a.in. - 9:00 p.m.

September 25

Same as above 10:00 a.m. - 4:00 p.m.

Region VII

September 11

Pittsburgh University Science and Engineering Building Johnstown Campus For Bedford, Blair, Cambria, Fulton, Huntingdon, Juniata, Mifflin, Somerset Counties 10:00 a.m. - 3:30 p.m.

COMMONWEALTH OF PENNSYLVANIA DEPARTMENT OF PUBLIC WELFARE – NEWS

Ray, 75 and his wife Sara, 73, have managed to "get along" for the past ten years since he retired. Although his small pension and social security payments did not stretch far, they covered essential needs - food, clothing, shelter. But now Ray and Sara are faced with a dilemma. Rising prices have eroded the value of their small income and helath problems are increasing. Should they spend their money on food or medicine? There isn't enough money for both.

Eric is 32, fifteen years ago, he was involved in an auto accident that left him a paraplegic. Because of his strong desire not to be a burden to anyone, he developed the skills needed to enable him to work despite his handicap. But his wages are not enough to allow him to remain self-supporting.

Sally is three. She is the third child of a couple whose income barely supports the family of five. Sally needs a great deal of care. She is mentally retarded and blind.

Unusual circumstances? Not at all. Thousands of America's elderly, disabled, and blind people face these tragic situations every day. To help them, Congress passed amendments to the Social Security Act which provide Supplemental Security Income (SSI) payments and benefits.

But, unfortunately, many people who could be receiving SSI benefits are unaware of the program or think they do not qualify.

Estimates indicate that more than 275,000 Pennsylvanians may be eligible to receive SSI payments. Yet, the number of older persons, blind and disabled persons now receiving benefits is only 150,160.

One of the reasons for this is due to recent changes in the law. Many people who were previously turned down because of limitations on the amount of income they receive from other sources are now eligible for the SSI Program.

Under the new law, a person who is over 65, blind or disabled may earn as much as \$485 a month and still be eligible to receive SSI benefits. A couple can have an income as high as \$685.

Often, people think they are not eligible because they are receiving money from pensions or regular Social Security payments, However, an individual may receive as much as \$220 a month from such sources and still be eligible to receive some SSI benefits.

In addition to the payments received under the SSI program, people who are eleigible are also able to receive other needed services through the County Public Assistance Offices.

According to Welfare Secretary Frank S. Beal, "Many people are not aware that if they receive SSI payments, no matter how small, they are also able to receive a wide range of medical care under the Medical Assistance program. They may also be able to receive food stamps and other social services such as homemaker care and legal assistance.

"These added benefits can make a real difference in the ability of older persons and handicapped persons to remain self-supporting," Beal said.

In other words, Ray and Sara would not have to choose between medicine and food. Eric's wages would be supplemented so that he can remain independent. And Sally's family would have the extra funds with which to provide appropriate treatment and medical care.

The SS1 program is Federally administered by the Social Security Administration and application must be made to the local Social Security Office.

When a person is found to be eligible, the Social Security Office notifies the County Board of Assistance which, in turn, sends the person an identification card for Medical Assistance. Arrangements for other helping services, such as homemaker aid, home chore, or legal assistance are also made through the County Board of Assistance.

MARK YOUR CALENDAR

September 9, 1976

State Task Force on Right of Education Meeting Agriculture Building Room 309 2301 North Cameron Street Harrisburg, Pennsylvania

September 11, 1976

Governor's Conference for the Handicapped Regional Forum - Region II

September 11, 1976

Governors Conference for the Handicapped Regional Forum - Region VII

September 12-16, 1976

American Academy for Cerebral Palsy Annual Meeting Los Angeles

September 13-15, 1976

Three Day Seminar for Personnel Office Interviewers

Pennsylvania Rehabilitation Center in Johnstown, Pa.

September 14, 1976

Deadline date for Comments on Proposed Rules for Nondiscrimination on the basis of Handicap

Send Comments to:

Director,

Office for Civil Rights Department of Health, Education & Welfare P.O. Box 1909 Washington, D. C. 20013

September 15, 1976

Governors Conference for the Handicapped Regional Forum - Region III

September 16, 1976

Governors Conference for the Handicapped Regional Forum - Region V

September 16-17, 1976

Governors Conference for the Handicapped Regional Forum - Region IV

September 17, 1976

Governors Conference for the Handicapped Regional Forum - Region V

September 18, 1976

Governors Conference for the Handicapped Regional Forum – Region VIII

September 20, 1976

Governors Conference for the Handicapped Regional Forum - Region V

THE GRAND STAND **Room 560 Education Building** Box 911 Harrisburg, Pennsylvania 17126 George W. Severns, Jr. or John H. Snyder

September 21, 1976

Governors Conference for the Handicapped Regional Forum - Region V

September 24-25, 1976

Governors Conference for the Handicapped Regional Forum - Region VI

Oetober 18-20, 1976

Three Day Seminar for Personnel Office Interviewers Pennsylvania Rehabilitation Center in Johnstown, Pa.

Oet. 19-22, 1976

American Society of Directors of Volunteer Services Convention Denver, Colorado

Oct. 20-21, 1976 HAP Fall Conference Pittsburgh Hilton

Oct. 21, 1976

State Task Force on Right of Education Meeting Sheraton Inn Route 15 Williamsport, Pennsylvania

Oet. 21-22-23, 1976

Penna. Easter Seal Society State Conference Sheraton – Conestoga Motel Lancaster, Pa. Contact William E. Graffius - Executive Director - Pa. Easter Seal Society Fulling Mill Road, Middletown, Pa.

Nov. 3-4-5, 1976 Annual Conference of the Pennsylvania-Delaware Chapter American Association of Workers for the Blind William Penn Hotel in Pittsburgh Anyone wanting information concerning this conference should contact Leroy J. Battwy, President Elect The Greater Pittsburgh Guild for the Blind 311 Station Street Bridgeville, Pa. 15017

Nov. 12-13, 1976

Allegheny County Chapter P.A.C.L.D. Conference

Nov. 15-17, 1976

Three Day Seminar for Personnel Office Interviewers

Pennsylvania Rehabilitation Center in Johnstown, Pa.

Dec. 1-2-3, 1976

Governor's Conference on Handicapped Individuals Hershey Convention Center Contact Mr. John Snyder Governor's Advocate for the Physically

Handicapped Phone: (717) 787-8348

December 6-8, 1976

Three Day Seminar for Personnel Office Interviewers Pennsylvania Rehabilitation Center in

Johnstown, Pa.

December 9, 1976 State Task Force on Right of Education Meeting Agriculture Building Room 309 2301 North Cameron Street Harrisburg, Pennsylvania

January 10-12, 1977

Three Day Seminar for Personnel Office Interviewers Rehabilitation Center in Pennsylvania -Johnstown, Pa.

January 20, 1977

State Task Force on Right of Education Meeting 1st Floor Library Allegheny I.U. #3 Office Suite 1300 Two Allegheny Center Pittsburgh, Pennsylvania

February 7-9, 1977 Three Day Seminar for Personnel Office Interviewers Pennsylvania Rehabilitation Center in Johnstown, Pa.

March 3, 1977

State Task Force on Right to Education Meeting Health and Welfare Building Room 812 Commonwealth Avenue & Forster Street Harrisburg, Pennsylvania

March 7-9, 1977

Three Day Seminar for Personnel Office Interviewers Pennsylvania Rehabilitation Center in Johnstown, Pa.

April 4-6, 1977

Three Day Seminar for Personnel Office Interviewers Pennsylvania Rehabilitation Center in

Johnstown, Pa.

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Department of Public Welfers

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